



Eastbourne Girls FC

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Established 2008

Newsletter 2
December 2008

Winter update

Well here we are in the inaugural season of Eastbourne Girls Football Club. It's been a long hard summer to get us to the stage of even kicking a ball but I'm sure you'll agree it was worth the blood, sweat and tears.

I would like to take this opportunity to thank all the parents and helpers who have supported us over the first few months, without you we would never have achieved so much in such a short space of time, thank you.

On a similar note, I would like to offer the warmest of welcome's to the girls who have chosen to join our swelling ranks, the club is run by the parents and we would love to here any feedback on any club related issue, it helps us to improve.

Having said that, there is still a long way to go but I believe we have built the solid foundations for the future of Eastbourne's premier girls club, the question is now, how far do we want to take it? Until each team has a full complement of dedicated players and they are having fun and achieving their personal and collective goals our work will continue, and we want you all to be part of it!



**CHARTER
STANDARD
CLUBS**



The Blues Prove Their Quality!

Eastbourne Girls FC have achieved something that would normally take a Club several years. We have been awarded the prestigious F.A. Charter Standard Club status which means our Club is as safe and well run as any Football Club in the country, something for us all to be proud of.

EGFC Facilities.

Since taking over Stone Cross Field, as a club we have spent over £1000 on the pitches. Next year we will have the opportunity to re-seed problem areas and improve the playing surface and facilities even more.

The tea bar is proving a huge hit on match days which will help to offset the cost of pitch repairs so drink and eat the pitches better!

Winter Warmers!!

I am sure every child suffers similarly with the cold at this time of year, did you know that you can wear specifically designed t-shirts (base layers) that help maintain body heat.

These can be purchased from all good sports shops on the high street or from www.kickbacksports.co.uk who will also give the club something from every transaction, all you need to do is search for us under Clubs, they also sell all types of sports equipment and apparatus.

Don't forget you can also use woollen gloves that have grip on the palm.

Goal keepers feel it more than most so don't be afraid to wear tracksuit bottoms or even a role neck jumper underneath your shirt.

Some items may be available from the new club shop, see overleaf for more details.